



LONGVIEW TRAIL RUNS -SPRING-



PARTICIPANT GUIDE
April 19, 2025
Longview, TX

BROUGHT TO YOU BY



TEXAS OUTLAW RUNNING



WELCOME

5K | 10K | 15K | 20K

April 19, 2025

Maude Cobb Convention Center

100 Grand Blvd. | Longview, TX 75604

Saturday, Jan 11, 2025

RACE DAY

7:00 - 8:00 AM - Packet Pickup + Texas Outlaw Pop Up Store

8:00 - 8:15 AM - All races start

Welcome to the Longview Spring Trail Run. This is an original event crafted by Texas Outlaw Running Company. This race is a part of the Longview Trail Run Series and follows a 3 mile course that starts by going through the beautiful Longview Arboretum & Nature Center then connects to the Grace Creek MTB Trail, finishing back through the Arboretum beginning and ending at the Maude Cobb Convention Center. We are so excited for the amazing weekend on the beautiful rocky, dirt, and gravel trails.

We encourage you to take time to carefully read through this participant guide to help better prepare you for your race that's ahead.

If you have any questions after reading through please email us at: TexasOutlawRunning@gmail.com





GENERAL INFO

DRIVING DIRECTIONS

The start and finish line will be located at the North East parking lot of the Maude Cobb Convention Center. When driving west on Cotton Street, you will turn left onto Grand Blvd and the parking lot will be the next left (directly in front of the convention center).

RESTROOMS

Portable restrooms will be available outside the start/finish area.



RACE TIMING

We will utilize the UltraSignup timing software (manual time.) We will time you using your bib number so please make sure your bib number is visible on the front of your body.

MEDICAL

We will be using nearby public medical personnel. PLEASE CALL 911 in case of an emergency.



AID STATIONS

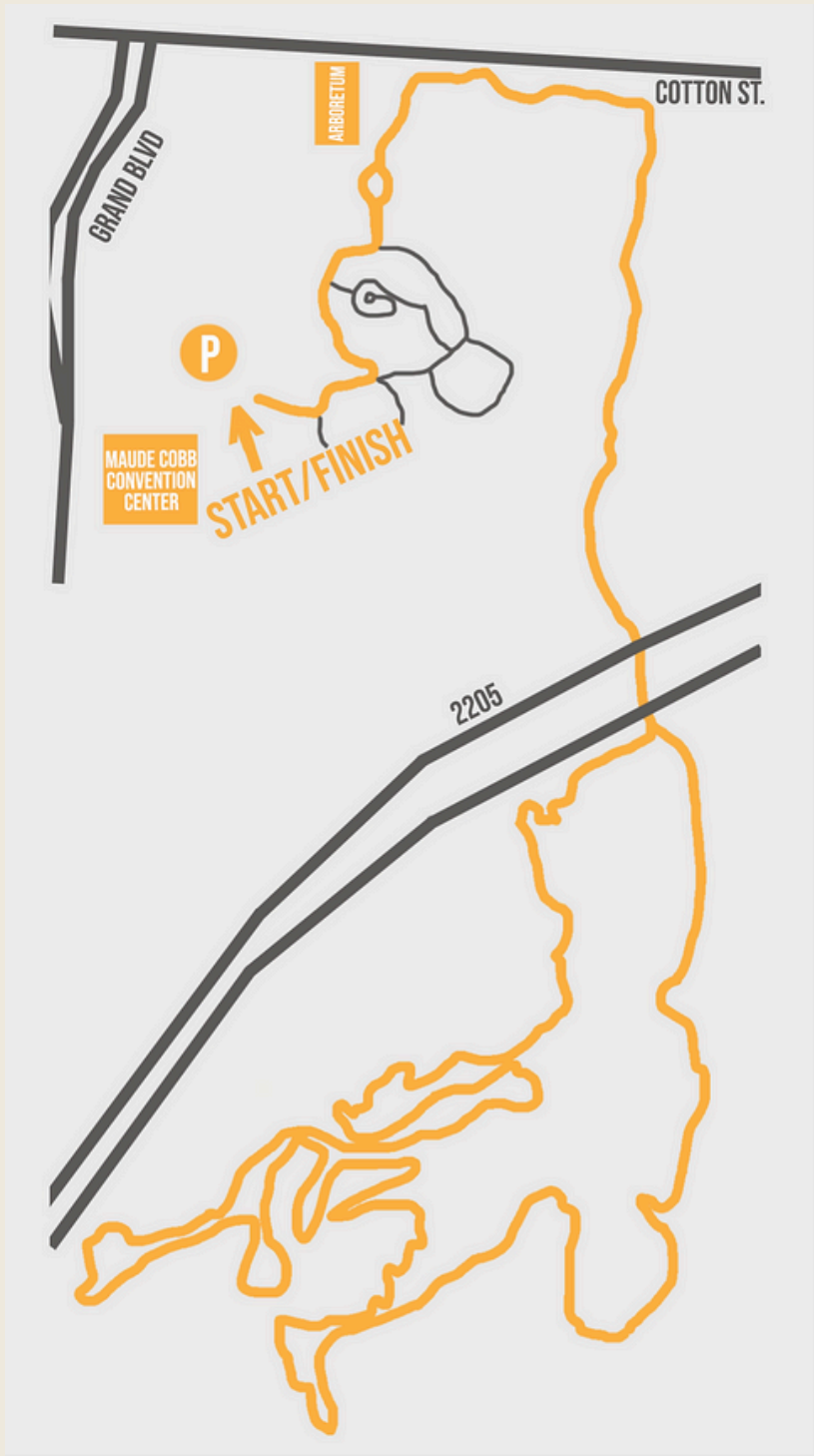
We will have one aid station. The main aid station will be available at the start/finish area between the Arboretum & Nature Center and Maude Cobb Convention Center.

Main Aid Station

(Start/Finish Line) includes snack foods, water, Gatorade, Tailwind, and pickle juice. We will have our first aid located at the main aid station.



LOCATING RACE/PARKING COURSE MAP



5K = 1 LOOP
10K = 2 LOOPS
15K = 3 LOOPS
20K = 4 LOOPS

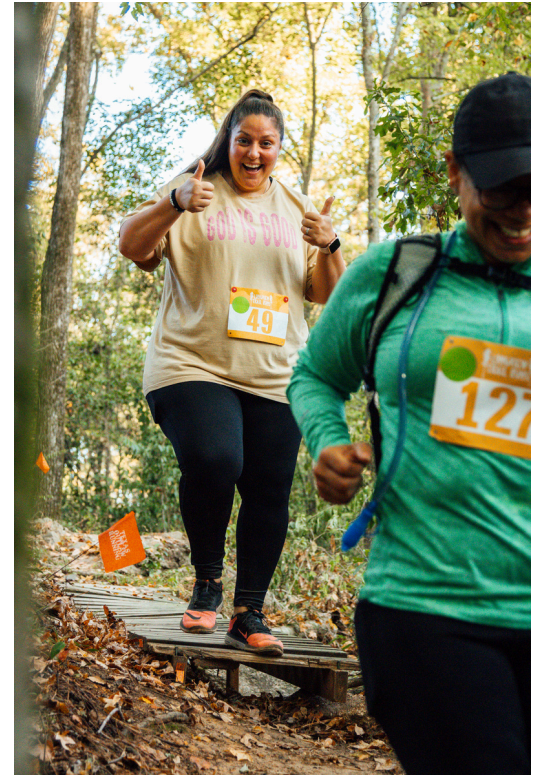


COURSE DETAILS

COURSE PROFILE

The 3 mile course will start by going through the beautiful Longview Arboretum & Nature Center then connect to the Grace Creek MTB Trail, finishing back through the Arboretum. Participants doing distances longer than a 5K will run the loop multiple times. This course will slightly vary for each race season.

The course starts out on an open, wide and paved trail but quickly narrows down to a small dirt single-track track with rocks and roots. It gets technical while on the trail, be prepared!





IMPORTANT

CUPLESS RACE/CARRYING

To reduce waste out on the trails and in general we follow the cupless race protocol. This means that we will not serve any cups at aid stations for drinks. Please bring your own water carrying system with at least 16 oz.



COURSE MARKINGS



ORR
GMC
MILE 1



ORR
GMC
MILE 2



ORR
GMC
MILE 3



FINISH LINE



The trails will consist of white and orange signage.





RACE RULES

TRAIL RUNNING RULES

- No Littering (If caught disqualification will occur.)
- Runners must follow the marked course and no cutting the course.
- Race cutoff will be enforced.
- Be aware of your surroundings. You're partially in the wilderness, there can be wild animals/snakes.
- Please be respectful to all volunteers, race staff, and other race personnel.

WEATHER FORECAST as of 04/14/25 for Saturday 6AM - 9AM - 12PM

Temp Forecast: 70° - 73° - 78°

Feels Like: 70° - 71° - 77°

Rain: 0%

Wind: 20mph S - 22mph S - 24mph S





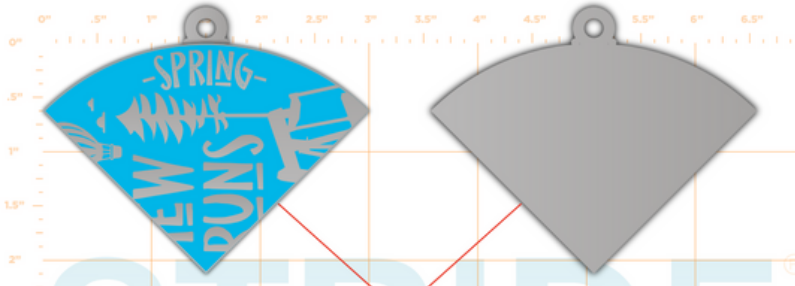
AWARDS

2025 SERIES FINISHERS

- Wooden case medal holder

DISTANCE FINISHER AWARDS

- Finisher Award
- 1st place male and female for each distance
- DFL for each distance



SUBLIMATED LANYARD 1.5" X 34"



SOCIAL MEDIA



INSTAGRAM

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FACEBOOK

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TWITTER

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YOUTUBE

Texas Outlaw Running Company

PODCAST

Texas Outlaw Running Talk Show

[Click Here](#) to join the conversation in our Facebook Event.

