

BEAR COUNTRY



NIGHT TREK



PARTICIPANT GUIDE
August 2-3, 2024
Waco, TX

BROUGHT TO YOU BY



TEXAS
OUTLAW
RUNNING



WELCOME

5K | 10K | 10K Ruck | 15K

Aug 2-3, 2024

Cameron Park

Redwood Shelter

2300 Cameron Park Dr | Waco, TX 76708

Welcome to the 1st Annual "Bear Country Night Trek". This is an original event crafted by Texas Outlaw Running Company and will become a part of the "Texas Summer Night series" beginning in 2025. This race takes place at Cameron Park Redwood Shelter. The race follows a 5K, 10K, and 15K loop starting and ending at the Redwood Shelter. We are excited about the amazing weekend at Cameron Park on the single-track trails.

We encourage you to take time to carefully read through this participant guide to help better prepare you for your race that's ahead.

If you have any questions after reading through please email us at: TexasOutlawRunning@gmail.com

Friday, Aug 2, 2024

RACE DAY

Near Redwood Shelter

6:30 - 8:30 PM - Packet Pickup + Popup Store

8:30 PM - 5K & 10K Races Starts *headlamp needed*

11:30 PM - Race Cutoff (3 hours)

Saturday, Aug 3, 2024

7 - 9 PM - Packet Pickup + Popup Store

8:00 PM - 5K, 10K, & 15K Race Starts *headlamp needed*

8:30 PM - 10K Ruck Starts

1:00 AM - Race Cutoff (4.5 hours)

**TEXAS
OUTLAW
RUNNING**





PARKING

PARKING:

First come first serve parking will be near the Redwood Shelter/start/finish line off of Cameron Park Dr. Overflow parking will then be near the Anniversary Park Playground and/or across from the Brazos River off of Cameron Park Dr. (see below).

PARKING PLACES:





GENERAL INFO

DRIVING DIRECTIONS

The start and finish line will be located at the Redwood Shelter ([link to location](#)). When driving southeast on Cameron Park Dr., the Redwood Shelter/start/finish line will be on your right.

RACE TIMING

We will utilize the UltraSignup timing software (manual time.) We will time you using your bib number so please make sure your bib number is visible on the front of your body.

MEDICAL

We will be using nearby public medical personnel. PLEASE CALL 911 in case of an emergency.

AID STATIONS

We will have three aid/water stations. The main aid station will be available at the start/finish area near the Redwood Shelter.

Main Aid Station

(Mile 0/9) includes hot/cold foods, water, Gatorade, Tailwind, and pickle juice. We will have our first aid located at the main aid station.

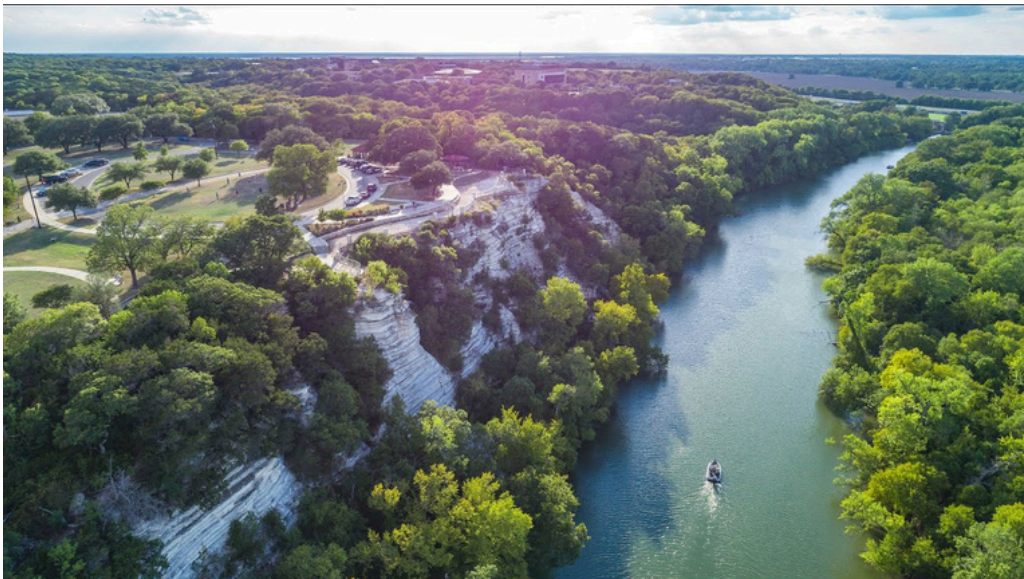
Johnny's Aid Station (Mile 4.46) will have hot/cold foods, water, Tailwind, Gatorade, and pickle juice.

15K Water Station

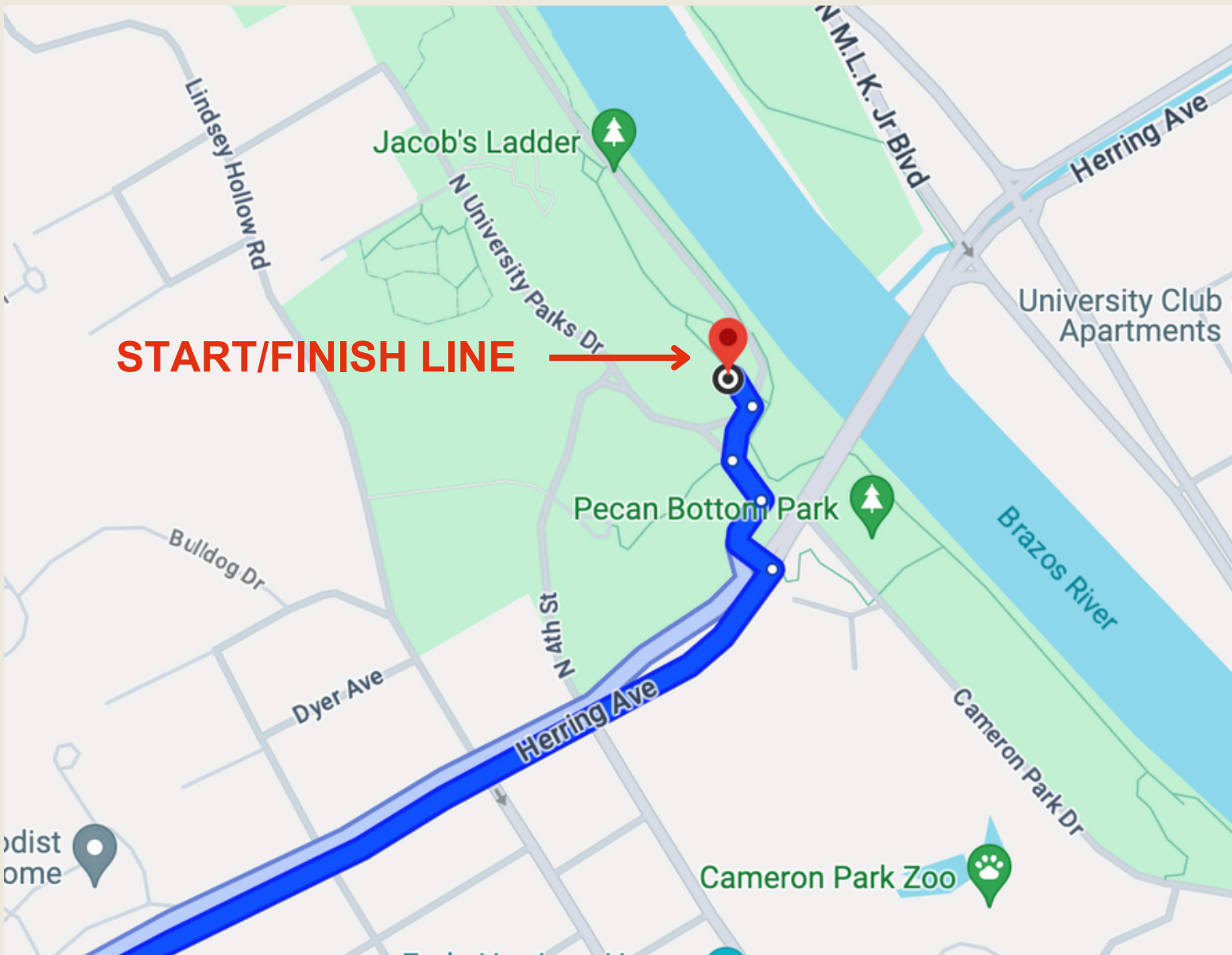
(Mile 3.38) will have water only.

RESTROOMS

Portable restrooms will be available outside the start/finish area.



LOCATING RACE





COURSE PROFILE

Each distance has its own individual loop.

The Cameron Park Trail is a rocky, single-track trail. Elevation is relatively hilly showing 1300ft elevation gain for 15K loop. The loops will be getting dark starting after 8:30 PM. If you're running after this time, **headlamps are required**. Water/Aid Station are spaced out, carry at least 16 oz of liquid capacity.

[-> Click here to the course map link.](#)





IMPORTANT

DROP BAGS

Runners are responsible for their own drop bags. We will allow for them to be placed near the main aid station.

BIBS

Please make sure that the bib number is visual and on the front of your body. We will use your bib number to identify you and record your time.

RUNNING IN THE DARK

Headlamps are required after the 8:30 PM sunset.

CUPLESS RACE/CARRYING

To reduce waste out on the trails and in general we follow the cupless race protocol. This means that we will not serve any cups at aid stations for drinks. Please bring your own water carrying system with at least 32 oz.





COURSE MARKINGS



The trails will consist of orange signage, flagging, and yellow-red reflective tape on the orange signs for the runners in the dark. The orange signage and flags will also be seen throughout the course at intersections to show you where to go.



RACE RULES

TRAIL RUNNING RULES

- No Littering (If caught disqualification will occur.)
- Runners must follow the marked course.
- Race cutoff will be enforced.
- Be aware of your surroundings. You're partially in the wilderness, there can be wild animals/snakes.
- Please be respectful to all volunteers, race staff, and other race personnel.
- Ruck weight requirements, 25lbs for both men and women

WEATHER FORECAST as of 07/30/24

Friday, Aug 2nd:

High: 99°

Feels Like: 80°

Rain: 0%

Wind: 15mph South

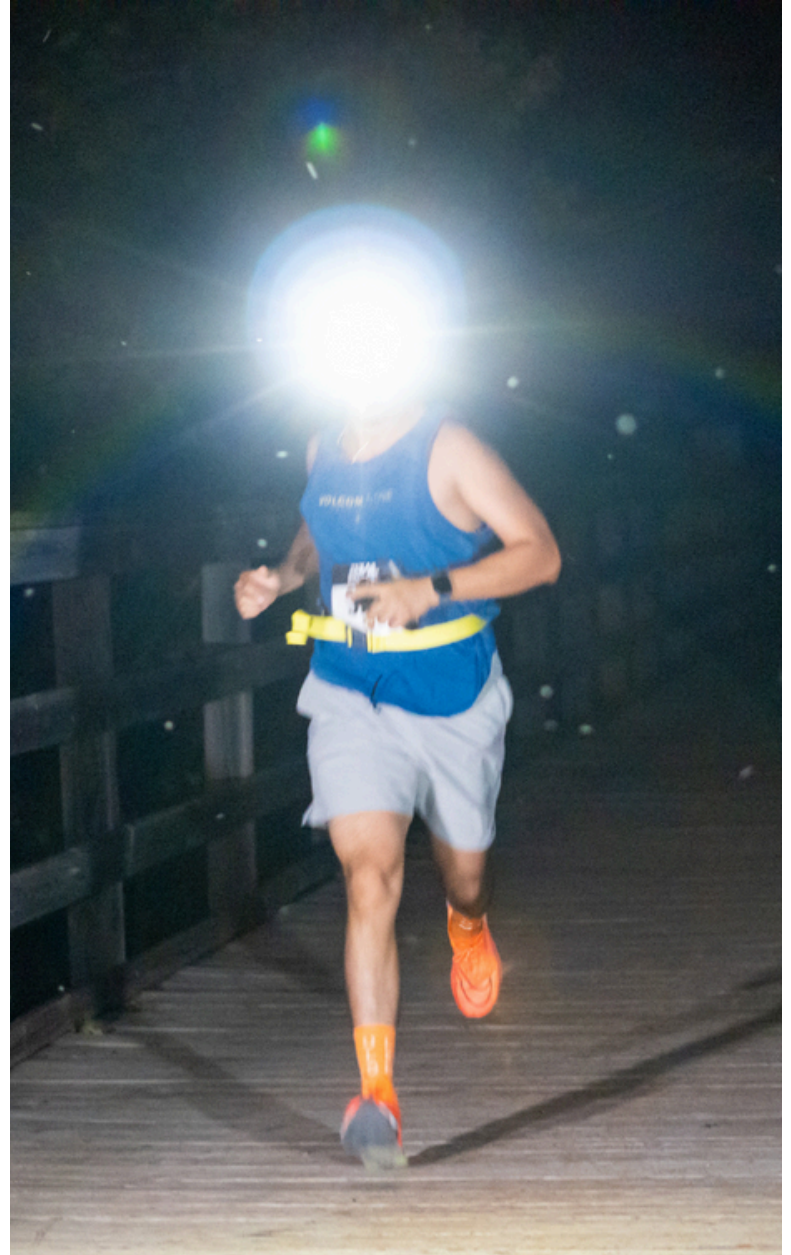
Saturday, Aug 3rd:

High: 99°

Feels Like: 104°

Rain: 5%

Wind: 14mph South





AWARDS



FRONT
(CNC CUT & UV PRINTED)



FRONT
SEWN PATCH

10K RUCK

- Bear Country Night Trek Patch

ALL DISTANCE FINISHERS

- Finisher Award
- Tri Blend Tee
- 1st Place Award for M & F of each distance
- Last Place Award 15K



FRONT
(CNC CUT & UV PRINTED)

UV PRINTED
BACK

FRONT
(NOT TO SCALE)

FRONT
(NOT TO SCALE)

SOCIAL MEDIA



INSTAGRAM

@TexasOutlawRunning

FACEBOOK

@TexasOutlawRunning

TWITTER

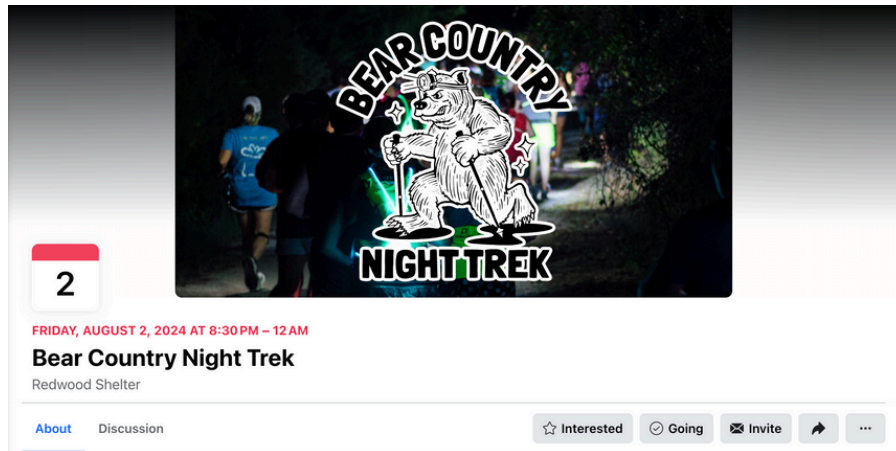
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YOUTUBE

Texas Outlaw Running Company

PODCAST

Texas Outlaw Running Talk Show



[Click Here](#) to join the conversation in our Facebook Event.

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