



# WELCOME

Welcome to the 2nd Annual "Lone Star Night Run". This is an original event crafted by Texas Outlaw Running Company and is a part of the "Texas Summer Night series." This race takes place at the Weatherford Trailhead for Lake Mineral Wells Trailway. The course is open and paved with soft fine gravel. The race follows an out & back course beginning and ending at the Weatherford Trailhead. We are excited about the amazing weekend at Lake Mineral Wells Trailway.

We encourage you to take time to carefully read through this participant guide to help better prepare you for your race that's ahead.

If you have any questions after reading through please email us at: TexasOutlawRunning@gmail.com

## 5K | 10K | Half-Marathon September 14, 2024

# Weatherford Trailhead Lake Mineral Wells Trailhead

Start/Finish Line | Weatherford TX 76086

## Saturday, September 14, 2024 RACE DAY

Lake Mineral Wells Trailway
6:30 - 8:30 PM - Packet Pickup + Popup Store
8:30 PM - Races Starts \*headlamp needed\*
12:30 PM - Race Cutoff (4 hours)



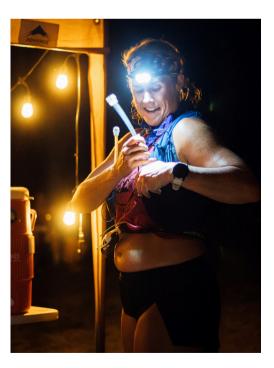




## **GENERAL INFO**

## **DRIVING DIRECTIONS**

The start and finish line will be located at the Lake Mineral Wells Trailway (link to location). When driving southeast on Peaster., turn right on Cartwright Park Rd, then left on Lake Mineral Wells State Trailway and the start/finish line will be on your left.



#### **RACE TIMING**

We will utilize the UltraSignup timing software (manual time.) We will time you using your bib number so please make sure your bib number is visible on the front of your body.

### **MEDICAL**

We will be using nearby public medical personnel. PLEASE CALL 911 in case of an emergency.

#### RESTROOMS

Portable restrooms will be available outside the start/finish area.

#### **Food Truck**

We will have a food truck at the start/finish line for the first few hours of the race so feel free to get yourself some dinner after you finish.

## **Parking**

Parking will be at the start/finish line; overflow parking will be at the Cartwright Park Soccer Fields. A shuttle will transport runners to and from the start/finish line.

### **AID STATIONS**

We will have two aid/water stations. The main aid station will be available at the start/finish area.

## **Main Aid Station**

(Mile 0/13.1) includes Water, Pickle Juice, Tailwind for electrolytes, fruits and snacks at this station.

## **Hydration Aid Station**

(**Mile 3/10**) will have, water, and Tailwind.

## **Hydration Aid Station**

(Mile 5/8) will have, water, and Tailwind.



## LOCATING RACE



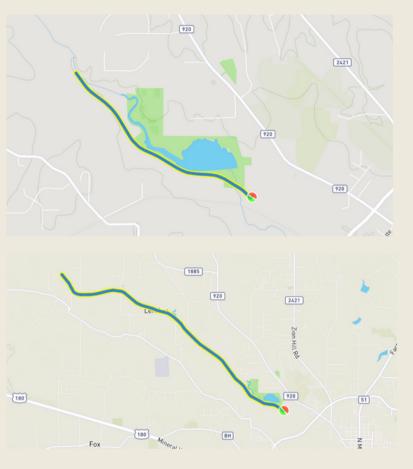


## **COURSE MAP**

10.5 Mile Loop



## 10K Loop





## Half Marathon Loop

## 5K Elevation



## 10K Elevation



## Half-Marathon Elevation





## **COURSE PROFILE**

Lake Mineral Wells State Park's Trailway is in the foothills of North Texas. The course is open and paved with soft fine gravel. The race follows an out & back course beginning and ending at the Weatherford Trailhead. Elevation is relatively flat with a slight incline out and downhill to the finish. It will be getting dark starting after 8:30 PM. If you're running after this time, **headlamps are required**. Water/Aid Station are spaced out, carry at least 16 oz of liquid capacity.

-> Click here to the course map link.









## **IMPORTANT**

## **DROP BAGS**

Runners are responsible for their own drop bags. We will allow for them to be placed near the main aid station.

## **BIBS**

Please make sure that the bib number is visible and on the front of your body. We will use your bib number to identify you and record your time.

#### **RUNNING IN THE DARK**

Headlamps are required after the 8:30 PM sunset.

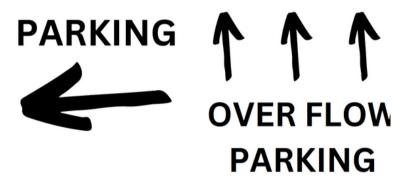
#### **CUPLESS RACE/CARRYING**

To reduce waste out on the trails and in general we follow the cupless race protocol. This means that we will not serve any cups at aid stations for drinks. Please bring your own water carrying system with at least 16 oz.





# COURSE MARKINGS



















The trails will consist of white signage on orange cones and orange signs on cones at road crossings for the runners in the dark.





# RACE RULES

## TRAIL RUNNING RULES

- No Littering (If caught disqualification will occur.)
- Runners must follow the marked course.
- Race cutoff will be enforced.
- Be aware of your surroundings. You're partially in the wilderness, there can be wild animals/snakes.
- Please be respectful to all volunteers, race staff, and other race personnel.

WEATHER FORECAST as of 09/14/24

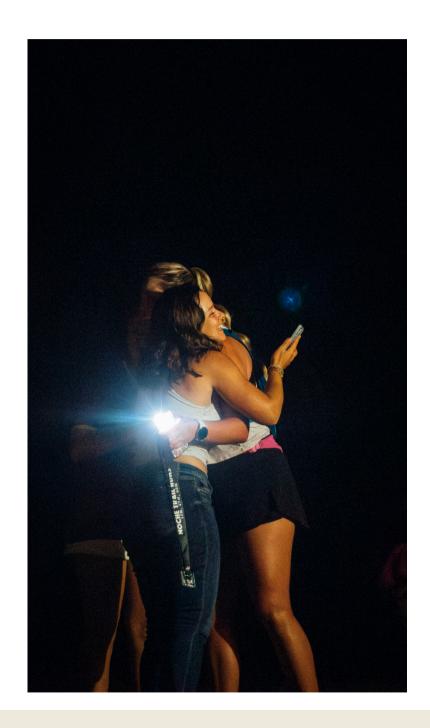
Saturday, Sept 14th:

High: 80°

Feels Like: 78°

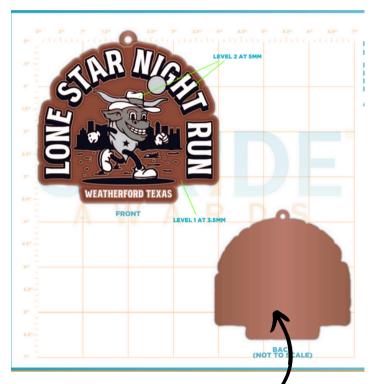
Rain: 7%

Wind: 9mph S



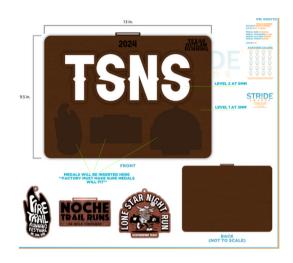


# **AWARDS**



**ALL DISTANCE FINISHERS** 

- Finisher Award
-Tri Blend Tee
-1st Place Award for M & F of each distance



## TEXAS SUMMER NIGHT SERIES Finisher Plaque





# SOCIAL MEDIA



## **INSTAGRAM**

@TexasOutlawRunning

## **FACEBOOK**

@TexasOutlawRunning

## **TWITTER**

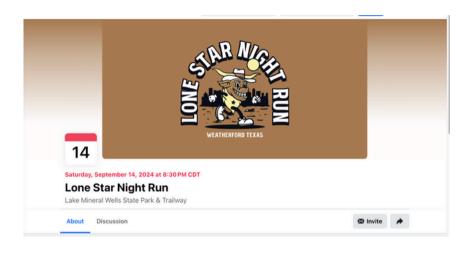
@RunningOutlaw

## YOUTUBE

Texas Outlaw Running Company

## **PODCAST**

Texas Outlaw Running Talk Show



## Check out our event page on Facebook

