



# WELCOME

5K | 10K | 15K | 20K Jan. 11, 2025

### **Maude Cobb Convention Center**

100 Grand Blvd. | Longview, TX 75604

Saturday, Jan 11, 2025 RACE DAY

7:00 - 8:00 AM - Packet Pickup + Texas Outlaw Pop Up Store







Welcome to the Longview Fall Trail Run. This is an original event crafted by Texas Outlaw Running Company. This race is a part of the Longview Trail Run Series and follows a 3 mile course that starts by going through the beautiful Longview Arboretum & Nature Center then connects to the Grace Creek MTB Trail, finishing back through the Arboretum beginning and ending at the Maude Cobb Convention Center. We are so excited for the amazing weekend on the beautiful rocky, dirt, and gravel trails.

We encourage you to take time to carefully read through this participant guide to help better prepare you for your race that's ahead.

If you have any questions after reading through please email us at: TexasOutlawRunning@gmail.com











### **GENERAL INFO**

### **DRIVING DIRECTIONS**

The start and finish line will be located at the North East parking lot of the Maude Cobb Convention Center. When driving west on Cotton Street, you will turn left onto Grand Blvd and the parking lot will be the next left (directly in front of the convention center).

#### **RESTROOMS**

Portable restrooms will be available outside the start/finish area.



#### **RACE TIMING**

iWe will utilize the UltraSignup timing software (manual time.) We will time you using your bib number so please make sure your bib number is visible on the front of your body.

#### **MEDICAL**

We will be using nearby public medical personnel. PLEASE CALL 911 in case of an emergency.



#### **AID STATIONS**

We will have one aid station.
The main aid station will be available at the start/finish area between the Arboretum & Nature Center and Maude Cobb Convention Center.

### **Main Aid Station**

(Start/Finish Line) includes snack foods, water, Gatorade, Tailwind, and pickle juice. We will have our first aid located at the main aid station.



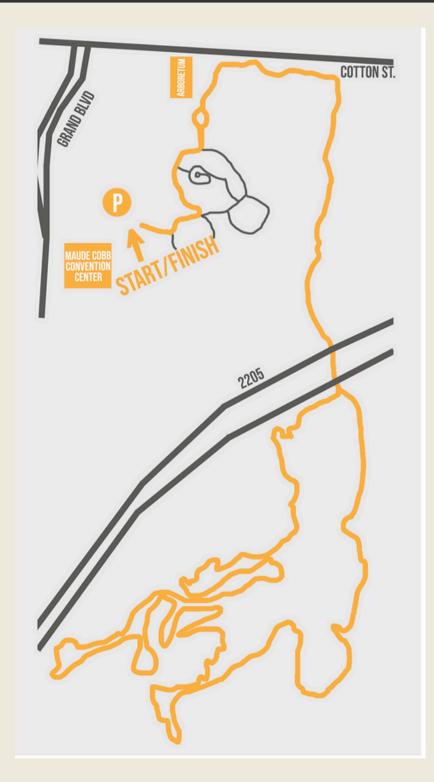








# LOCATING RACE/PARKING COURSE MAP



5K = 1 LOOP

10K = 2 LOOPS

15K = 3 LOOPS

20K = 4 LOOPS









### **COURSE DETAILS**

#### **COURSE PROFILE**

The 3 mile course will start by going through the beautiful Longview Arboretum & Nature Center then connect to the Grace Creek MTB Trail, finishing back through the Arboretum. Participants doing distances longer than a 5K will run the loop mutlipe times. This course will slightly vary for each race season.

The course starts out on an open, wide and paved trail but quickly narrows down to a small dirt single-track track with rocks and roots. It gets technical while on the trail, be prepared!

















## **IMPORTANT**

### **CUPLESS RACE/CARRYING**

To reduce waste out on the trails and in general we follow the cupless race protocol. This means that we will not serve any cups at aid stations for drinks. Please bring your own water carrying system with at least 16 oz.













### COURSE MARKINGS





















The trails will consist of white and orange signage.









# RACE RULES

### TRAIL RUNNING RULES

- No Littering (If caught disqualification will occur.)
- Runners must follow the marked course and no cutting the course.
- Race cutoff will be enforced.
- Be aware of your surroundings. You're partially in the wilderness, there can be wild animals/snakes.
- Please be respectful to all volunteers, race staff, and other race personnel.

### WEATHER FORECAST as of 01/07/25 for Saturday 6AM - 9AM - 12PM

Temp Forecast: 28° - 33° - 44°

Feels Like: 26° - 37° - 46°

Rain: 0%

Wind: 7mph W - 11mph WSW - 14mph SW











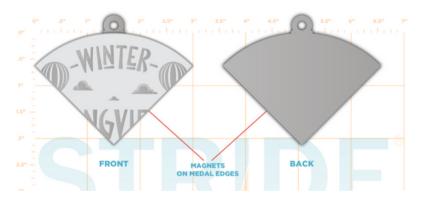
# **AWARDS**

#### **2025 SERIES FINISHERS**

- Wooden case medal holder

### DISTANCE FINISHER AWARDS

- Finisher Award
-1st place male and female for
each distance
-DFL for each distance







### SUBLIMATED LANYARD 1.5" X 34"

LONGVIEW TRAIL RUNS ORR OUTLAW ORR LONGVIEW TRAIL RUNS







### SOCIAL MEDIA





**INSTAGRAM** 

@TexasOutlawRunning

**FACEBOOK** 

@TexasOutlawRunning

**TWITTER** 

@RunningOutlaw

YOUTUBE

Texas Outlaw Running Company

**PODCAST** 

Texas Outlaw Running Talk Show

Click Here to join the conversation in our Facebook Event.







