



PARTICIPANT GUIDE
March 22, 2025
Muenster, TX

BROUGHT TO YOU BY



TEXAS
OUTLAW
RUNNING



WELCOME

5K | 9M | 9M Ruck | 19M | 29M
Mar 22, 2025

4R Ranch Vineyard & Winery

1473 Co Rd 477 | Muenster, TX 76252

Welcome to the 4th annual Ramble in the Brambles. This is an original event crafted by Texas Outlaw Running Company. This race starts and finishes at the Wine Barn. We are so excited for the amazing weekend.

We encourage you to take time to carefully read through this participant guide to help better prepare you for your race that's ahead.

If you have any questions after reading through please email us at: TexasOutlawRunning@gmail.com

Friday, Mar 21, 2025

4:00 - 6:00 PM - Early Packet Pickup/EXPO
@ Wine Barn in 4R Ranch

Saturday, Mar 22, 2025

RACE DAY

5:30 - 7:30 AM - Packet Pickup
6:20 AM - Race Brief
6:30 AM - 29M Race starts
7:00 AM - 19M Race starts
7:30 AM - 9M Race starts
7:35 AM - 5K race starts
7:45 AM - 9M ruck race starts
5:00 PM - Cutoff time



GENERAL INFO

DRIVING DIRECTIONS

The start and finish are located at the Wine Barn at the 4R Wine Ranch. (1473 Co Rd 477, Muenster, TX 76252). [Here's](#) a pin. When entering the ranch property you will enter through a gate. You will continue straight down the road then approach an intersection. Continue straight. Just ahead there will be a T - Take a right at the T. Continue to follow the road and you will approach another T. Take a left at this T and it will take you to the wine barn. We will have signs to help with navigation.

PLEASE SLOW DOWN WHEN ENTERING. RUNNERS MAY BE PASSING BY ON THE ROAD.

PARKING

Participants will be able to park in the field beside the wine barn. For overflow parking, continue past the barn, then you will pass through a gate, drive 500 meters down a road. You will then park in the next open field available then walk 500 meters up the road to the Wine Barn.

MEDICAL

We will be using nearby public medical personnel. PLEASE CALL 911 in case of an emergency.

BIBS

Please make sure that the bib number is visual and on the front of your body. We will use your bib number to identify you and record your time.

RACE TIMING

We will be using bib tap software and official results will be emailed after the event. Please make sure your bib number is visible on the front of your body.

DROPPING OUT OF THE RACE

You must notify the race director at the start/finish line BEFORE leaving the race site if you decide to quit or drop out of the race.

RESTROOMS

We will have portable restrooms available outside near the barn.

LOCATING RACE



PARKING



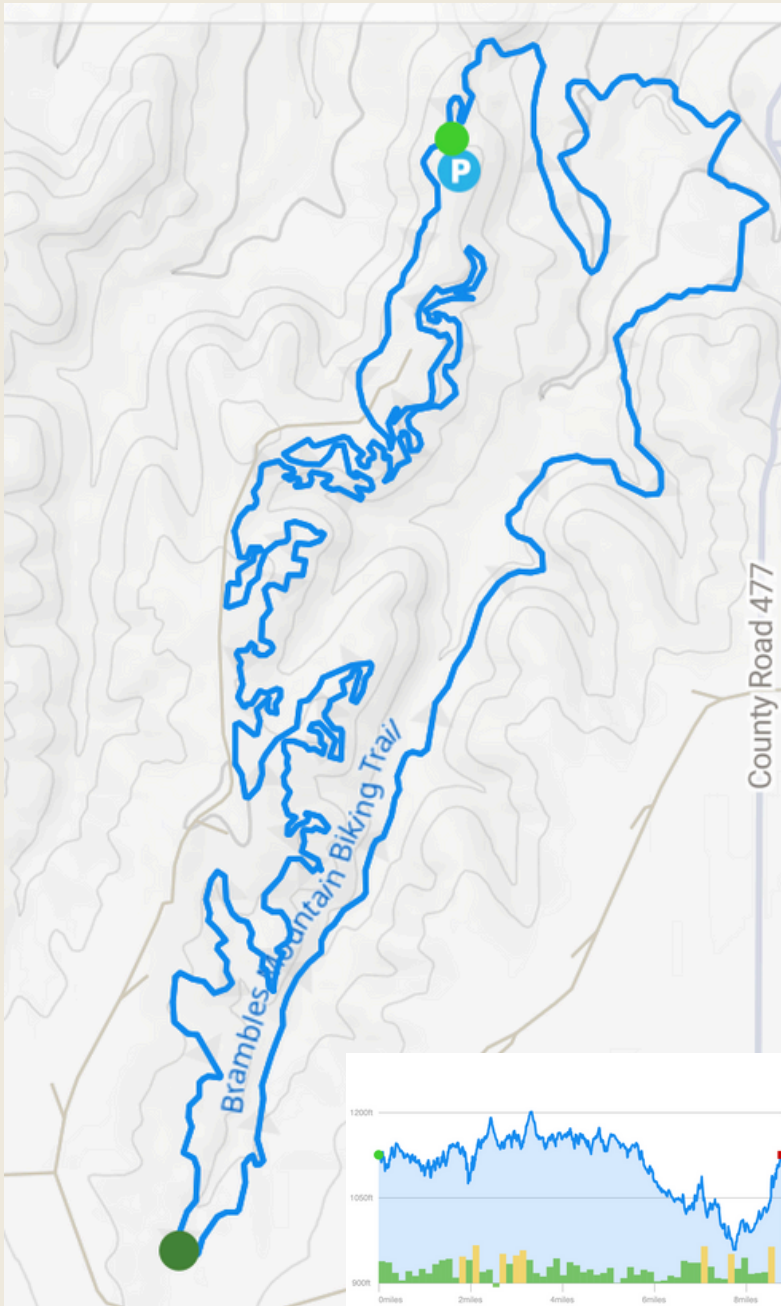
COURSE MAP

5K = Modified Loop | 9M/Ruck = 1 Loop |

19M = 2 Loops | 29M = 3 Loops

9M/Ruck, 19M, 29M

5K





COURSE DETAILS

COURSE PROFILE

The Ramble In The Brambles is a scenic trail run held on the 4R Ranch Vineyard and Winery in the foothills of North Texas. Featuring beautiful scenery and a challenging rocky and dirty single-track trail with over 2400 feet of elevation gain for the 29M event, the race follows a 9.5M looped course and a special route for the 5K, beginning and ending at the 4R wine barn. This race brings a memorable atmosphere, beautiful views, and fun on the trails.





AID STATIONS

AID STATIONS

We will have two aid stations. The main aid station will be available at the start/finish area near the barn.

Main Aid station

(Start/finish line)

Includes water, gatorade, pickle juice, bananas, oranges, PB&Js, and other various salty, sweet, and savory snacks. We will have our first aid located at the main tent.

The Hoggies Aid Station

(5.5 Mile)

Includes water, pickle juice, bananas, oranges, PB&Js, and other various salty, sweet, and savory snacks.

DROPPING OUT OF THE RACE

You must notify the race director at the start/finish line BEFORE leaving the race site if you decide to quit or drop out of the race.

PACERS

Pacers are allowed to run with participants. Please no more than 1 pacer per runner.

CUPLESS RACE/CARRYING

To reduce waste out on the trails and in general we follow the cupless race protocol.

This means that we will not serve any cups at aid stations for drinks. Please bring your own water carrying system with at least 16 oz.

ROAD RUNNING

For the first and last 0.36 miles runners will run along a gravel road. Orange ribbons and signs will be used to guide runners in direction.

RUNNING IN THE DARK

Make sure to bring a head lamp for the 6:30AM first loop.

DROP BAGS

We allow drop bags only at the start/finish area. Runners are responsible for their own drop bags. We will allow for them to be placed near the main aid station.



COURSE MARKINGS



The gravel road section will consist of orange signage, flagging (and yellow red reflective tape on the orange signs for the runners in the dark) as seen above. The orange signage and flags will also be seen throughout the course at intersections to show you where to go.



The trail will have yellow bike gears lining the entire trail. In areas where there are multiple ways to go we will put up an orange sign to make it clear on exactly which path to take.

WHEN IN DOUBT REMEMBER "ORANGE AND YELLOW "



RACE RULES

TRAIL RUNNING RULES

- No Littering (If caught disqualification will occur.)
- Runners must follow the marked course and no cutting the course.
- Race cutoff will be enforced.
- Be aware of your surroundings. Watch out for cars, vehicles, and wildlife.
- The ranch is open to the public so pay attention!
- Please be respectful to all volunteers, race staff, and other race personnel.

WEATHER FORECAST as of 03/20/25 for Saturday 6AM - 12PM - 4PM

Temp Forecast: 45° - 68° - 79°

Feels Like: 41° - 68° - 78°

Rain: 0%

Wind: 9mph E - 20mph SSE - 35mph S





AWARDS

ALL FINISHERS

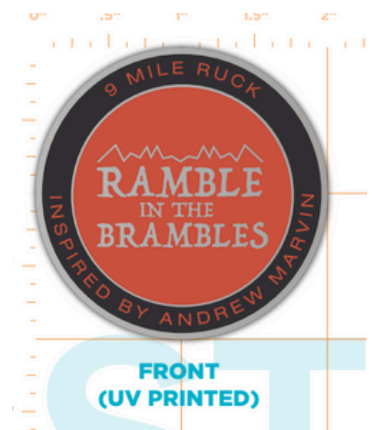
- Finisher Medal

9M RUCK

- Silver token

5K, 9M, 19M, 29M

- 1st, 2nd, 3rd place female
- 1st, 2nd, 3rd place male
- DFL Award for each distance



RAMBLE IN THE BRAMBLES

TEXAS
OUTLAW
RUNNING

9M • 19M • 29M

SOCIAL MEDIA



INSTAGRAM

@TexasOutlawRunning

FACEBOOK

@TexasOutlawRunning

TWITTER

@RunningOutlaw

YOUTUBE

Texas Outlaw Running Company

PODCAST

Texas Outlaw Running Talk Show



[Click Here](#) to join the conversation in our Facebook Event.